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SETAF's Final Jump



Soldiers from SETAF, along with Italian paratroopers, conducted SETAF's final airborne operation and Italian wing exchanges at Frida 1 drop zone near Aviano Tuesday and Wednesday. SETAF will no longer hold airborne status as of Oct. 1 as part of the modular transformation of all U.S. forces in Europe. "It's the end of a great history," said Col. Marcus DeOliveira, SETAF chief of staff. "SETAF has been on jump status for 13 years. This is a culmination of a lot of history of great paratroopers here in Italy." Inset: Sgt. Edwin Laboy-Cortes and Col. Eric Nantz put on their parachutes and conduct final checks at the PAHA on Aviano Air Base before jumping on Tuesday

Vicenza wins Department of Army Best in Recreation

By Sasha Sibilla
Outlook Volunteer

USAG Vicenza came away a big winner in the 2008 Department of the Army Family and Morale, Welfare and Recreation Command Community Recreation awards.

Vicenza took top honors in four categories: best medium arts and crafts center, best medium auto skills center, best medium entertainment center and best medium sports and fitness center.

Arts and Crafts Director Kelly Golden who has worked at the center since 2003 says she understands how important it is to assist and inspire customers.

"What I like best is enabling people to develop their creative skills and expanding their horizons," she said. "Helping to inspire people inspires others who see their work, it's like a chain."

Auto Skills Center Director Charlie Decelle sees his role in the success of his center in a similar way acknowledging that helping Soldiers is the best part of his job.

"Everyone at the Auto Skills center is so nice and

experienced," said Andriena Howard, one of many satisfied customers. "Not only do they help you fix your car but they go out of their way to do it."

Under the guidance of director Ross Daniels, Soldiers' Theatre was recognized as the best in its category for the second year in a row.

"The best thing about my job is seeing new people, meeting Soldiers and teaching them skills in all aspects in music and theater," said Daniels.

Mike Leahy, who has participated as both a performer and a member of the audience said the shows are very well organized and the actors are very enthusiastic and energetic.

The Vicenza Sports and Fitness Center rounded out the list of awards for the garrison as the best medium-sized facility in Europe.

Under the direction of manager Mike Garcia the fitness center and body shop have seen programs and facilities expanded and improved over the past three years. Regular patron, Col. Jeffrey Douville says that the Vicenza facility is "one of the best facilities I have seen in Europe."



Body Step instructor Mandy Beavers (right) leads the class through a routine. For details about classes, visit the Web site: www.vicenzamwr.com. (Photo by Laura Kreider, Outlook staff)

New format for AFN local news

AFN Vicenza
Press Release

Starting Tuesday, Sept. 2 Sgt. Nicholas Anderson in person will bring AFN Vicenza and Livorno viewers their local newscasts on Channel 14.

The AFN Vicenza/

Livorno Newscast will feature AFN's redesigned set and graphics package and bring the military communities the latest local news, entertainment and information.

The newscasts begin at 6:23 p.m. and 10:23 p.m. Monday through Friday.

Choosing right backpack a healthy choice

By Lauren Gardner
Educational and
Developmental Intervention
Services

Usually not a whole lot of thought goes into buying a school backpack beyond how pretty or cool it looks.

However, there is more to consider than just its appearance, as an ill-fitting backpack can actually cause skeletal stress, pinched nerves and lower back pain.

Here are a few considerations listed by the American Academy of Pediatrics before spending your money:

- ◆ A lightweight pack that doesn't add a lot of weight to your child's load (for example, even though leather packs look cool, they weigh more than traditional canvas backpacks)

- ◆ Look for two wide, padded shoulder straps – straps that are too narrow can dig into shoulders

- ◆ Choose a padded back, which not only provides increased comfort, it also protects your child from being poked by sharp edges on objects inside the pack

- ◆ A waist belt helps to distribute the weight more evenly across the body

- ◆ Multiple compartments also help distribute the weight more evenly.

The following are some easy steps your child can take to

children carry packs of no more than 10 to 15 percent of their body weight - but less is always better. If your child doesn't know what 10 to 15 percent of his or her body weight feels like, use the bathroom scale to get an idea (for example, if your child weighs 80 pounds, his or her backpack shouldn't weigh more than eight to 12 pounds).

- ◆ Put heavier items, such as textbooks, closest to the center of the back, but use all the compartments to distribute the weight

- ◆ Encourage your child to use the locker or desk frequently throughout the day instead of carrying the entire day's worth of books in the backpack.

- ◆ Make sure your child isn't toting unnecessary items – laptops, CD players and video games can add extra pounds to your child's pack.

- ◆ Encourage your child to bring home only the books that are needed for homework or studying each night.

- ◆ Ask about your child's homework planning. If you've noticed that your child seems to have a heavier pack on Fridays, he or she may be procrastinating on homework until the weekend, which may make the backpack much heavier.



A Vicenza Middle School student and his dad walk down Olson Avenue. The student is wearing a backpack with wide straps and a waist belt, which help distribute weight better. (Photo by Diana Bahr, USAG Vicenza Public Affairs)

prevent injury when using a backpack:

- ◆ Lighten the load. No matter how well-designed the backpack, doctors and physical therapists recommend that

What we know about alcohol, suicide

Editor's note: This is a two-part series, part two will run Sept. 4.

By Charlie Fields
Alcohol, Substance Abuse
Program director

For centuries, the link between alcohol, self-destructive behaviors and suicide has been recognized.

While the exact role that alcohol plays remains unclear, research has shed light on some of the most important contributing factors.

Decades of research on the link between alcohol and suicide have shown the following:

Alcoholism is a factor

People with severe alcohol dependence or alcoholism have increased risk for suicide. One study found that alcoholism was the strongest single predictor of subsequent completed suicide in a sample of attempted suicides.

Binge drinking is a factor

Suicide attempts among adults with alcohol dependence often occur in the context of an alcohol binge. Another study found that high school students who drink habitually and binge drink were more likely to have had thoughts of suicide, made suicide plans and attempted suicide.

Partner, relationship difficulties are a factor

Alcoholics who complete suicide are more likely to have

partner-relationship difficulties and other interpersonal life stressors than control subjects.

Suicide prevention efforts in communities should include stress management, positive coping skills, as well as attention to interpersonal factors including partner-relationship difficulties.

Alcohol availability is a factor

A recent study found that states in which more alcoholic beverages are sold per capita have higher suicide rates, and concluded that a 10 percent increase in spirits sales would result in a 1.5 percent or 1.4 percent (two samples were used) increase in a state's suicide rate.

Prevention efforts aimed at reducing availability, which could include limiting hours or points of sale and increasing prices, could therefore be helpful in reducing the incidence of suicide.

Trouble at work is a factor

People whose drinking results in trouble at work are six times as likely as others to commit suicide.

The same study showed that people who were hospitalized with drinking problems had 10 times the risk of death by suicide.

Help is available

If you notice any of the signs above in yourself, your friends, family members or co-workers, call ASAP at 634-7554.

Antiterrorism training available to family members

Individual Security Awareness training is offered in the Hall of Heroes from 10:30 a.m. to noon Sept. 17, Oct. 15 and Nov. 12.

For those who may need

child care while in the training, the Child Development Center offers hourly care. Children must be registered. Call 634-7559 or 0444-71-7559 for details.

Antiterrorism Level I training

is an annual requirement for all military, civilian employees and family members 14 years old and older.

For details call 634-8288 or 634-8984.

Speak Out

What is your favorite holiday?

By Outlook Summer Staff



Ashley
Family member

Christmas, because I like getting presents.



J. J.
Family member

Thanksgiving, because it's delicious and it frequently falls on my birthday.



Abby
Family member

Easter, because I like candy.



Chris
Family member

Christmas, because you get presents, give presents, spend time with family, celebrate baby Jesus' birthday and help the homeless.



Gary
Family member

Christmas, because I give people gifts and I receive gifts.

Safety officers

Keeping organizations hazard free

By Chris Sheets
USAG Vicenza Safety officer

All units and organizations have a person who holds the additional duty (military) or collateral duty (Army civilian) of 'safety officer.'

Depending on the office and work performed by the staff, the amount of work this additional duty requires varies.

Nonetheless, being the 'safety officer' is something that should be taken seriously.

In this community we are fortunate to have many people who take this additional duty to a level of professionalism that is a credit to their office.

Brenda Bentley, who

works in the Directorate of Public Works is one of these safety professionals.

As a safety officer, Brenda Bentley ensures the workers of DPW follow all safety regulations, both Italian and American, and gives the correct training for safety.

She also gives training on watching out for job hazards.

Bentley's regular duties are the management of all administrative personnel in all of DPW's sections.

"As our safety officer, Brenda is heavily involved in ensuring our staff adhere to standards," said David Murr, director of directorate of public works and Bentley's supervisor. "She is our primary line for safety and she does a good job."



Brenda Bentley
Safety Officer, Department of Public Works

German fuel cards: Who's authorized, where to go

From USAG Vicenza
Directorate of Logistics
Special to the Outlook

Fuel rations for Germany just got tighter. U.S. Forces Germany recently revised the way they administer their fuel ration program. Personnel authorized to purchase AAFES fuel will no longer purchase fuel coupons, instead they will now be provided with a fuel ration card that will be used similar to a debit card.

U.S. forces personnel who are permanently stationed in Italy, but in Germany on TDY, annual leave, or military pass may establish eligibility for issuance of a fuel debit card for POVs that are not registered in Germany and for rental vehicles.

The following military police stations and U.S. forces customs offices are authorized to provide an eligibility document (AE Form 550-175L) to vehicles that are rented or owned by personnel who are eligible for rationed fuel in Germany.

In accordance with the Status of Forces Agreement in Germany, only the sponsor is authorized to be issued a fuel debit card by bringing a copy of stationing orders, TDY, leave, or military pass documents along with a copy of his or her vehicle

registration or rental contract. Family members are not authorized to be issued an AAFES Fuel Debit Card.

The military police or U.S. force customs office will issue the driver a short-term eligibility certificate for fuel based upon the type of auto being driven and the number of days of TDY, leave or pass, which will not exceed 30 days.

Only the sponsor is authorized to be issued a fuel debit card.

Sponsors will then take the certificate to the nearest AAFES card issue and activation site. Fuel may be bought only from AAFES or ESSO stations.

The military police stations in Europe are:

USAG Ansbach – Barton Barracks, bldg 5257, 468-7643, off post at 0981-183-643.

USAG Ansbach – Illesheim Storck Barracks, bldg 6518, 467-4565, off post at 09841-83-565.

USAG Bamberg – Warner Barracks, bldg 7011, 469-8700, off post at 0951-300-8700.

USAG Baumholder – Smith Barracks, bldg 8720, 485-7546, off post at 06783-67546.

USAG Darmstadt – Cambrai Fritsch Kaserne, bldg

4025, 348-7777, off post at 06151-69-7777.

USAG Garmisch – Artillery Kaserne, bldg 209, 440-3648, off post at 08821-750-3648.

USAG Grafenwoehr – Vilseck Rose Barracks, bldg 2209, 476-2490, off post at 09662-83-2490.

USAG Heidelberg – Patrick Henry Village, 388-2333, off post at 06221-678-2333.

USAG Hohenfels – Main post, bldg 358, 466-2812, off post at 09472-832812

USAG Kaiserslautern – Vogelweh/Kapaun Air Base bldg 2067, 489-6060, off post at 0631-536-6060.

USAG Mannheim – Sullivan Barracks, bldg 256, 385-3359, off post at 0621-730-3359.

USAG Schweinfurt – Ledward Barracks, bldg 295, 354-6766, off post at 09721-96-6766.

USAG Stuttgart – Patch Barracks, bldg 2307, 430-5262, off post at 0711-680-5262.

USAG Wiesbaden Air Base, bldg 1006, 337-5096, off post at 0611-705-5096.

Geilenkirchen Air Base – 470th Air Base Squadron TM0/Military Customs office, bldg 87, off post phone 02451-63-2227.

Ramstein Inn guest house or hotel on Ramstein Air Base, bldg 316.

At your service - AFN 106FM "The Eagle"



AFN 106FM "The Eagle" deejays have all the best tunes of yesterday and today as well as news, weather and the euro rate. AFN radio is also available on decoders, visit their Web site: www.afneurope.net.

"I've been doing radio for a year or so," said Sgt. James Keever (left). "Most of that time working the morning show. I've got the best job here on Caserma Ederle because the morning show has to be fun, so for four hours a day I have a blast. Not to mention all the guests from the community I get to hang out with every morning. I really enjoy it."

Mark Weeks (right) has been with AFN South since May 2005. After hosting the AFN Vicenza Eagle Afternoon Show he moved to AFN South Network Production Center and now hosts The Eagle Midday Show.

"Hosting the midday show gives me great satisfaction in knowing I'm providing the Soldiers, Sailors, Airmen, Marines and their families a touch of radio back home as well as providing valuable command information which affects their everyday lives," said Weeks. "It's a great honor."



Spc. Jennifer Roux (left): "I have been in the Army almost four years as a broadcast journalist but this is my first assignment as a deejay and it's awesome. I think radio is important to our Soldiers and community for a number of reasons. First is our ability to quickly put out urgent command information - such as post closures and traffic problems. Secondly it's a great way to use the music to help build morale. Nothing beats walking by the motor pool and seeing a mechanic rocking out to *The Eagle*. It really validates my job and shows we're reaching our audience."

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Community events

Back-to-School bashes feature something for everyone

Many Caserma Ederle community members took advantage of two Back-to-School events Saturday and Sunday to have fun and get ready to hit the books. The USO's event was held Saturday in their parking lot and featured live music, a dunk tank, face-painting, games, food and giveaways. (Right) A participant takes careful aim at the target hoping to send the USO volunteer into the water. (Below) Ten-year-old Gabriel adds some fudge to his sundae. The event was sponsored by Capitol Motors. (Photos by Laura Kreider, Outlook Staff) On Sunday, the Full Gospel Pentacostal Service held its annual Back-to-School barbecue bash on the patio next to the central processing facility.



Above: Robert Sekula (left), Justin Varnes (center) and Teddy Freese (drums) are members of the band RETOX. The group rocked the audience during Saturday's USO Back-to-School bash held in the USO parking lot. (Photo by Laura Kreider, Outlook Staff)



The Vicenza Full Gospel Pentecostal Service held its annual Back-to-School Barbecue Sunday. The group gave away 100 bags of school supplies, fed more than 300 people and hosted fun and games for all ages. (Above, left to right) Sharon Newton, Lorraine Melebeck and Linda Tavares line up the bags of school supplies they gave out to participants. "This was my second year being involved in the event and it's fun," said Linda Tavares. "Although, this year's event was a small gathering, held on a different day and at different location, the atmosphere of it was warmth, love, joy, peace and, to sum it all up, it reminded me of a small fellowship gathering. (Photo courtesy of Steve Roberts)

Traffic changes along 9th Street start Monday

The next phase of the Medium Voltage Line construction down 9th Street passes along the road to the Child Development Center and Body Shop. Construction is scheduled to start Monday and take about two weeks to complete. The construction works will close the center of the road allowing only one-way traffic on either side, as shown in the graphic to the right. It is recommended that after dropping children off at the CDC bldg 398, you drive toward the Ederle Inn and around by the DoDDS school to exit the area. The other option is to return to 9th Street but you will only be able to make a right turn toward the health center. If you take this route you will have to make a U-turn to return up 9th Street toward the Ederle Theater.



Ancient tree tries relocating on its own

Story and photo
by Joyce Costello
USAG Livorno Public Affairs

On a balmy Wednesday afternoon, folks walking past the chapel at 3 p.m. heard the beginning effort of an ancient Sea Pine tree trying to change its lifelong view of post.

Passerby Eileen Laverenz was surprised to hear a large crack as she and her daughter were walking past.

"I love these majestic trees," said Eileen "I couldn't believe one was cracking apart as I watched."

Pvt. Stephen Oliveira, 511th Military Police platoon, quickly called the desk sergeant to alert them to the emergency and made an on-the-spot decision to evacuate the post chapel.

As the military police, fire department, garrison safety office and Directorate of Public Works staff were on site and conferring with Italian and American authorities, the tree gave out another large groan and lurched to lean on neighboring trees setting it precariously over the back section of the chapel roof.

An electrical substation and a privately-owned vehicle were both within striking range.

The growing crowd speculated over whether the

owner could be located in time and if the tree would demolish it. The chaplain prayed no one would get hurt.

"A poor soul's car sat in the path of the tree," said Chaplain Kelly Porter, USAG Livorno garrison chaplain. "I thought the car would be destroyed when the tree fell, but the danger [to movers] was too great to try to extract the vehicle."

Sgt. Edwin Claudio and Staff Sgt. Brett Patterson, 511th MP Soldiers, continued to clear an even larger radius to ensure the growing crowd's safety.

Minutes later the imposing

pine let out a thunderous shriek and crashed to the ground.

The car and electrical station were spared and only a small part of the chapel sustained damages.

Garrison Safety and Occupational Health manager Randy Ross said many people may have not even noticed the hazard and continued to walk on by, but these two [Laverenz and Oliveira] noticed and took action.

"Personnel need to have as much time as possible to prepare for the fall of such a large tree and this preparation time (almost

an hour in this case) could prove very important for future incidents to ensure there are no tragedies," said Ross.

U.S. Army Garrison Livorno Command Sgt. Maj. Felix Rodriguez reminds community members to park only in authorized areas and if you hear a tree cracking or see it beginning to fall, call the military police immediately.

Other safety hazards may be reported online anonymously in several languages at www.imcom-europe.army.mil/sites/m_a_n_a_g_e_m_e_n_t/_so_language.asp.



A Sea Pine tree crashed to the ground by the U.S. Army Garrison Livorno chapel. Fortunately a privately owned vehicle and electrical sub-station narrowly missed being hit by the tree.

Livorno starts school year with smiles

Story and photo
by Joyce Costello
USAG Livorno Public Affairs

The last free weekday before school started, the Livorno Unit School was filled with curious students, parents, teachers and staff waiting eagerly in their classrooms.

LUS principal, Denise Webster, decided to start off the school year with a partnership day at the school to give

everyone a chance to meet each other Aug 22.

"I encourage parental involvement in their children's education," Webster told the gathered group. "We'd love to have parents come eat lunch with their children, volunteer or help out with PTSA; we're always just a phone call away."

Elizabeth, a second grader full of energy with bouncy hair, said she couldn't wait until her favorite class, math, started.

"I know that 10,000 plus 10,000 equals 20,000," Elizabeth said seriously before dashing off to show an old friend her new haircut.

Elizabeth's mother said she thinks it's always good for children and parents to meet the teachers and see the classroom before school starts.

"Today helped ease any fears the children may have about not knowing where their classes or lockers are," said Walker. "I like to be able to meet all the teachers beforehand so I can put a face with the name my daughter is talking about when she comes home from the first day of school."

Principal Webster reminds parents that the school is constantly seeking out ways to provide a pleasant, safe, meaningful and stimulating educational environment for the students and welcomes suggestions or recommendations.

The Livorno Unit School office number is 633-7573 or 050-54-7573.



(Left to right) Stacey and her daughter join other parents and students at Livorno Unit School partnership day Aug. 22. Partnership Day was a chance for the parents and students to see the classrooms and visit with the teachers before the official school year kicked off Aug. 25.

Darby dates

Upcoming at ACS

Call Army Community Service at 633-7084 for details on these events:

Teaching money-handling skills to children - Sept. 9, 10:30-11 a.m. Be a proactive parent and learn tips to help your children make good financial choices.

Fourth Quarter Volunteer Action Council - Sept. 10 at 10:30 a.m. This class is for all individuals who oversee volunteers on Camp Darby.

Italian cooking classes - Sept. 11, 1-2 p.m. Learn fast, easy Italian recipes. No cooking experience needed, just enthusiasm.

Community Club

Texas Hold'em Aug. 29 at 6 p.m. Call the DCC at 633-7855 for details.

City sightseeing tickets

Discover the history of Italian cities onboard the "Hop On - Hop Off" buses available in Rome, Florence and Pisa. Discounted prices for savings up to \$3.67 per person are available. For details call ITR at 633-7589/8231 or 050-54-7589/8231.

Darby Spotlight

Livorno Unit School teacher says math, science can be fun

Story and photo
by Joyce Costello
USAG Livorno Public Affairs

Melody Green is a hip, bubble of energy who teaches the top two topics most students dread: math and science. She is also one of the newest additions to the Livorno Unit School staff.

A native Oregonian, Green previously served in the U.S. Navy and was stationed in Naples. After leaving active duty, Green used the GI bill to get her teaching degree in math and science. While this is her first teaching assignment, Green is no stranger to the Department of Defense Dependents School system as her mother

and aunt are both DODDS teachers in Europe.

During partnership day, where parents and students got to meet the teachers before school started, Green reassured the students that they would love this class.

"You'll do well in math and science, I promise," she said.

"Science and math are great. I'm a nerd in that sense."

Green is anything but nerdy as she breezes around her room making students and parents feel at ease.

"Too many women and girls have struggled with math and science," said Green. "I want to prove to these students that these subjects are exciting and can be easy to learn."



Melody Green

Markets are back; sagras, fests abound; Venice marathon news

Local markets

All markets are from 8 a.m.-1 p.m. unless otherwise stated.

Sunday: Camisano - 250 stalls;

Monday: Lonigo - 200 stalls, Thiene - 187 stalls, Cerea - 114 stalls;

Tuesday: Noventa Vicentina - 120 stalls, Marostica - 100 stalls, Arzignano - 175 stalls;

Wednesday: Schio - 113 stalls, Dueville - 90 stalls, Villafranca - 200 stalls;

Thursday: Vicenza by the train station - 70 stalls, Bassano - 167 stalls, Bussolengo - 220 stalls;

Friday: Vicenza, San Pio X - 25 stalls, Valdagno - 9 a.m.-2 p.m. - 104 stalls, Montecchio Maggiore - 150 stalls;

Saturday: Bassano - 7:30 a.m.-2 p.m. - 125 stalls, Schio - 113 stalls, Chiampo - 103 stalls, and Verona near the soccer stadium - 260 stalls.

Vicenza news

Vicenza: Aug. 30- Sept. 14 -

Annual Festa dei Oto end of summer carnival at Campo Marzo. Unfortunately, there will be no "Dinner under the Stars" this year.

Beginning Sept. 1, the price of AIM bus tickets increases to 1.20 euro.

The Gold Fair takes place Sept. 6-10 and if you have guests arriving, it will be difficult finding hotel rooms.

The Blessed Virgin of Monte Berico celebration is Sept. 8. This is Vicenza's patron saint.

Medieval event, Palio

Sept. 6-7, the city of Montagnana holds an annual historic celebration that includes the participation of 10 of its boroughs and a spectacular costumed horserace or *Palio dei Dieci Comuni*.

On Sept. 6 at 3 p.m. a medieval market opens in the town center and a medieval village bustles with activity, later in the day at 8 p.m. there is a medieval dinner at the *Castello*

di Porta Padova. Reservations can be made by calling 333-493-4978.

Sept. 7 the medieval market opens at 9 a.m. and at 3 p.m. there is a historical parade through the streets; at 5 p.m. the horse race begins. At 10:30 p.m. there is a torchlight procession.

Many events are free but there is an entrance charge to see the races, which range from 6 euro for children to 12 or 17 euro for adults and tickets are available from the tourist office in the city center.

Montagnana is south of Vicenza, about a 40-minute drive. See pictures and more information at the Italian Web site: www.palio10comuni.it.

Free air show

A free air show is set for Aug. 31 and 31 in Tezze sul Brenta's Parco Dell'Amicizia.

Tezze sul Brenta is about 15 miles northeast of Vicenza, near Nove.

Enjoy food stands, acrobatic

demonstrations, live music, parachute demonstrations, helicopters and more.

Free American Car show

Aug. 29-31 the Comune di Lonato (west of Verona) will hold its 2nd Piston Cup event, which features American-made automobiles.

Live music, dancing and food booth will line the streets of this town.

Lonato is located off the A4 West autostrada using the Desenzano del Garda exit.

Visit the Italian Web site: www.pistoncup.it for details.

Sagra fair in Ignago

The town of Ignago, fraction of Isola Vicentina will hold its annual Sagra Sept. 5-7.

Sept. 5, food tent opens at 8:30 p.m., music at 10 p.m.

Sept. 6 food tent opens at 7 p.m. with dancing at 8:30 p.m.

Sept. 7 food tent opens at noon; 3 p.m. there will be a mini-tournament of *Calcio Balilla Umato* which is soccer played in a giant bounce house and at 8 p.m. the orchestra will perform.

Check out an Italian Web site for more information: www.eventiesagre.it

Mimmo Paladino at Villa Pisani in Stra

Italian-born artist and sculptor Paladino, now a resident of New York, has an exhibition in the magnificent Villa Pisani and gardens in Stra.

Open everyday except Mondays until Nov. 2 from 9 a.m.-8 p.m. Entrance fee is 10 euro. The villa can be reached from the center of the town by foot in five minutes.

Visit a museum in Venice, dedicated to the navy

There is a naval museum in Venice that is located quite near the *Arsenale*. Here visitors can see the history of the Venetian and Italian navies.

There are exhibits of military and civil model ships and many prints as well as documentary evidence. Also on display are compasses and other maritime equipment, cannons and period gondolas.

Open Monday-Saturday from 9 a.m. to 1 p.m. Entrance fee is 2 euro.

Venice marathon

The Venice marathon is Oct. 26 and the earlier you book the less registration fee you have to pay. The marathon, which is flat and basically downhill, has a start time of 9:15 a.m. in the town of Stra, province of Venice.

Full information and booking online can be found at www.venicemarathon.it.

Giotto frescoes

In Padova, the *Capella degli Scrovegni*, Scrovegni Chapel, offers visits to its famous cycle of Giotto frescoes.

The cycle of pictures covers the entire surface of the chapel's interior and art historians consider this to be the best-preserved cycle of frescoes by Giotto.

Visits, which last 15 minutes, take place daily from 9 a.m.-7 p.m. at a cost of 12 euro, and 7-10 p.m. for 9 euro.

Tickets are available online at www.cappelladegli.scrovegni.it. They are not refundable.



Join Outdoor Rec for a day of Sea Kayaking on Lake Garda, Sept. 13, 8 a.m. to 6:30 p.m. Cost is \$35 and includes transportation and equipment. This trip will be repeated Sept. 21. For details, call 634-7453.

ITR, Outdoor Rec trips entice you to get out, get going

ODR Trips and Classes

Sea Kayaking at Lake Garda, Sept. 13, 8 a.m. to 6:30 p.m. Cost is \$35 and includes transportation and equipment. This trip will be repeated on Sunday, September 21.

Paintball, Sunday, Sept. 14, 10:30 a.m. to 6 p.m. in Padova. The cost is \$10 (includes transportation).

Hiking, Sept. 13 from 8:00 a.m. to 5:00 p.m. in Pasubio and Asiago. The cost is \$30.

All trips meet in the ODR parking lot.

For details on these and other trips, call 634-7453.

ITR Trips

Correction: ITR Trips are not scheduled to leave from the ITR parking lot. Always verify departure location by calling 634-7094. We apologize for any inconvenience.

Marostica Chess Game, Sept. 12, 7:30 p.m. and Sept. 14, 3:30 p.m. For \$15, attendees will receive round trip transportation to the event. Tickets are sold separately. Sign-up at least one day before.

Rome Express, Sept. 13, departs at 1 a.m. The price of \$119 includes a city sightseeing ticket for the hop-on tour bus. Tour Rome at your leisure. Sign-up deadline is September 12.

Adults only.

Parco Natura Viva, Sept. 14, 8 a.m. Sign-up deadline is September 13. Adults \$39, kids 3-12 \$29, and kids under 3 free. Contact ITR to sign up at 634-7094.

Munich: Oktoberfest Overnight, Sept. 27, 1 a.m. Round trip transportation to the event with one night accommodations including breakfast. Sign-up deadline is Sept. 12.

The cost is \$259 for adults, \$195 for ages 2-12, and \$155 for under 2 years old. Single room is \$349. Call 634-7094 for more details.

Now Showing

Ederle Theater

Aug. 28	Get Smart (PG-13)	6 p.m.
Aug. 29	The Love Guru (PG-13)	6 p.m.
	House Bunny (PG-13)	9 p.m.
Aug. 30	Incredible Hulk (PG-13)	3 p.m.
	House Bunny (PG-13)	6 p.m.
Aug. 31	Incredible Hulk (PG-13)	3 p.m.
	The Love Guru (PG-13)	6 p.m.
Sept. 3	Incredible Hulk (PG-13)	6 p.m.

Camp Darby Theater

Aug. 28	The Love Guru (PG-13)	6 p.m.
Aug. 29	The Incredible Hulk (PG-13)	6 p.m.
Aug. 30	The Mummy: Tomb of the Dragon Emperor (PG-13)	6 p.m.

Admission: Age 12 and over \$4, under age 12, \$2. The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

Voting week

Armed Forces voting week is Aug. 31-Sept. 7. A voting representative will be at the post exchange Sept. 2-5 from 11 a.m.-1 p.m.

Combined Federal Campaign volunteer training

Volunteer training is scheduled Sept. 3 in the post library conference room from 1-2:30 p.m. For details, call Maria Marcantonio at 634-8743 or Capt. Tina Winn at 634-7701.

Girl Scout leaders needed

The Girl Scouts of Vicenza need leaders, assistant leaders, co-leaders and parent volunteers for all age groups.

Call Nancy at 349-520-9980. Visit myarmylifetoo.com for position descriptions.

With enough volunteers, registration for girls will be held Sept. 20, 10 a.m.-2 p.m. in the park across from Vicenza Elementary School.

American Red Cross

Volunteer Orientation: Sept. 2, 1-3 p.m. Volunteer job descriptions can be found on myarmylifetoo.com or by visiting our office.

Adult, Child and Infant CPR: Sept. 20, 8:30 a.m.-4:30 p.m. The course fee of \$30 includes class materials.

Babysitter's Training Course: Sept. 27, 9 a.m.-5:30 p.m. for ages 11-15 years old. The September course for youth is free thanks to Child and Youth Services.

To preregister for any of the courses visit the American Red Cross office Mon.-Fri, 8 a.m.-4:30 p.m. in Davis Soldier and Family Readiness Center, bldg 108, room 47 or call 634-7089 off post at 0444-71-7089.

Festa Italia Bazaar

The Vicenza Community Club will host this year's Festa Italia Bazaar Sept. 27-28. Volunteers are needed.

If you or your organization would like to volunteer, contact Karen Smith at smithfamily80@hotmail.com or Danielle Bentz at ezds4fam@yahoo.com.

USO classes

Level I Italian class is Sept. 23-Nov. 20, Tuesdays and Thursdays from 5:45-7:45 p.m. at the USO. Course cost is \$118 plus 11 euro for the book.

Level II Italian class, Sept. 29-Nov. 19, Mondays and Wednesdays from 5:45-7:45 p.m. at the USO. Course cost is \$112 plus 10 euro for the book.



The Arena is still hiring

Come by Sept. 3, from 11:30-1 p.m. or 3:30-5 p.m. The Arena is hiring food service workers, cooks, laborers, janitors, recreation aides (birthday host/hostess) and waiter/waitress positions.

Sign up at the USO, located in bldg 9A. Both classes are held at the Education Center.

USO has volunteer opportunities. Stop by to sign up or check out the Web site: www.myarmylifetoo.com.

PTSA meeting

There will be a potluck dinner for PTSA members Sept. 18 in the school cafeteria at 6 p.m. Guest speaker will be representatives of the Parent 2 Parent program.

E-mail ptsavicenza@hotmail.com for more details.

ACS Events

Introduction to Stress Management: Sept. 1, Noon-1 p.m. Learn about the biology of stress, identify personal stressors and coping techniques and develop a personal stress management plan.

Fraud and Your Money: Sept. 2, 3-4 p.m., Global Credit Union representatives will present current fraud information to prevent participants from becoming victims.

Employment Readiness During PCS OCONUS for Family Members: Sept. 3, 10:30-11:30 a.m. Get help in making your job search as successful as possible.

Stress Relief through Deep Breathing & Guided Imagery: Sept. 3 and 17, 9-10 a.m. Learn and practice basic, easy relaxation techniques that relieve stress and support wellness. This class is ongoing.

Autism/ADHD Support Group: Sept. 4, 11:00 a.m. - noon. Share ideas and experiences. Call EFMP for

details 634-7500. Reservation required.

Basic Principles of Parenting: Sept. 4, 11:30 a.m. - 1 p.m. Family Advocacy uses the work of Laurence Steinberg, Ph.D, to explain the fundamentals of raising happy, healthy children.

Stress Relief through Guided Imagery: Sept. 8, 15, 22, 29, Noon - 1 p.m. Family Advocacy will teach you basic relaxation techniques that will help you manage your stress.

Club Beyond

Club Beyond opens Sept 15, 5:30-7 p.m. at the Teen Center. For three Mondays in September (15, 22, 29) Club Beyond will be hosting Family Nights, giving families with teens a chance to experience what Club Beyond is all about.

Anyone interested in volunteering with Club Beyond is also welcome to attend.

For details on Club Beyond, contact the chapel at 634-7519.

Villaggio Youth Center reopens

The Villaggio Youth Center will hold a grand opening on Sept. 5.

There will be a barbecue for grades 6-12 from 7-8 p.m., and a dance for grades 7-12 from 8-10 p.m.

There will be music, games, prizes and more - open to all teens.

Regular opening hours are from Monday-Friday 3-7 p.m.; the first Friday of the every month from 3-10 p.m.; and on days that school is not in session, from 10 a.m.-7 p.m.

For details call 634-7659.

Free Outward Bound trips for veterans

Outward Bound is an international non-profit outdoor education program offering fully funded five-day outdoor adventure excursions to all OEF/OIF veterans.

To learn more about the program and trips, visit the Web site: www.outwardboundwilderness.org/veterans.html. To sign up for one of the courses, contact Doug Hayward at 1-866-669-2362, ext. 8387 or email: obvets@outwardbound.org.

Club V entertainment

Off the Wall will perform for free Sept. 16 at 8 p.m. in Club V. Call 634-7685 for details.

Chapel retreat offered

Sept. 7-9 the USAG Vicenza Religious Support office will hold a couples retreat at the Edelweiss Resort in Garmisch.

This event is for military couples and childwatch is provided. Space is limited, call the chapel at 634-7519 to register.

ACAP, VA benefits

A job assistance workshop (spouses welcome to attend) is Sept. 9-11: Learn how to write effective resumes, dress for success, interview with confidence and get the career you want.

Veterans Administration benefits briefings are Sept. 4 and 26. General benefits briefing from 8:30 a.m.-noon and a Disability Transition Assistance program briefing from 1-3 p.m.

Call the Vicenza ACAP Center at 634-7189/7188 or visit <https://www.acapexpress.army.mil> for informations and appointments.

Religious activities

Caserma Ederle Chapel

Call the chapel at 634-7519 (0444-71-7519) for details on post religious activities.

Chaplain Crisis Line:

To speak with a chaplain after hours call **634-KARE** (634-5273).

Saturday services

4 p.m.: Sacrament of Reconciliation, or by appointment.

5 p.m.: Vigil Mass

Sunday Services

9 a.m.: Roman Catholic Mass
9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship

6 p.m.: Contemporary Christian worship

Monday

Noon: Weekday Mass

Noon: LDS Scripture Study

3:05 p.m.: Middle School Club in the high school cafeteria. (October-May)

5:30 p.m.: High School Club in the Teen Center. (October-May)

For details contact Jocelyn Cary at 634-7890 or 349-385-3476 or vicecb@yahoo.com.

Tuesday

9:15 a.m.: Protestant Women of the Chapel (PWOC)

Wednesday

Noon: Weekday Mass

Noon: Protestant Men of the Chapel (PMOC) Bible study (at DFAC)

5:30 p.m.: PWOC evening Bible study

Thursday

Noon: Weekday Mass

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Friday

Noon: Weekday Mass

Noon: Muslim Khutba and prayer

Faith group POCs

Islamic POC is Mohamed Noeman at 634-6306.

Jewish POC is Dr. Stephen or Nancy November at 328-054-9709 or november6@msn.com.

Latter Day Saints (LDS) POC is Elder Openshaw, 334-665-6845 or Frank Petty at 634-3907/340-899-2218. Scripture study is held Monday, noon-1 p.m.

Darby Chapel

For details call the chapel at: 633-7267 (50-54-7267).

8:30 a.m.: Catholic Reconciliation

9:30 a.m.: Catholic Mass

11 a.m.: Protestant worship

All briefs must be received at editor@eur.army.mil noon Monday, or by Friday at 4 p.m. if Monday is a holiday.

CYS holds annual youth triathlon



Story and photos
By Laura Kreider
Outlook Staff

The Vicenza Child and Youth Services Sports and Fitness Office sponsored the 2nd annual CYS Triathlon Aug. 23.

The event took place on Villaggio and included a run, cycle and swim with varying distances according to the three age brackets, 6-8, 9-10 and 11-16 respectively.

Twenty-five children participated in the event according to Georgia Salyer, CYS Sports and Fitness director.

"The event was a success again this year, and the competition was much closer because a lot of the children this year have been practicing the swimming, running and biking," Salyer said. "The ones who

participated this year were good competitors, so it was a good race" she added.

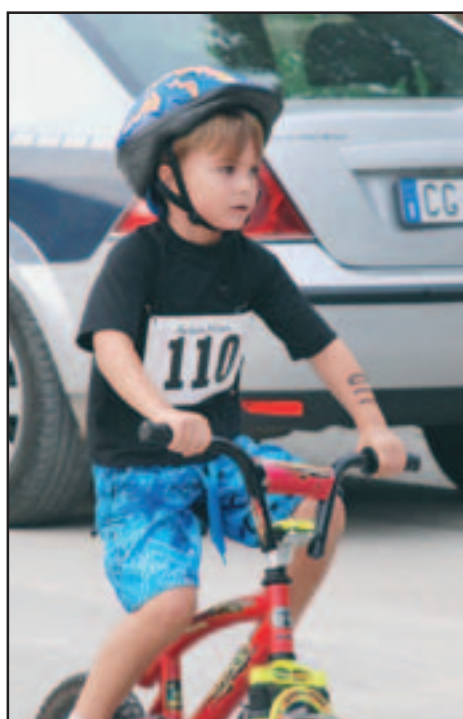
"The easiest part for me was swimming," said 7-year-old Clara who participated in the event for the first time and placed second in her age group (Girls 7-8). "I will do it again next year," she said.

Other upcoming CYS Sports and Fitness events include Children and Youth cross country for ages 8-13, and tennis for ages 8-13.

Cost is \$25 and includes a T-shirt, participation medal and end of season party. Practice date and time is Tuesday-Thursday from 5:30-6:30 p.m. at the North 40 track for cross country, and Tuesday from 6-7 p.m. on Caserma Ederle for tennis Level I, while Level II meets on Villaggio on Monday from 5:30-6:30 p.m.

For more information, call CYS Central Registration at 634-6151.

(Above) Jerome, 11, swims in the third part of the triathlon. The annual event was held at Villaggio Aug. 23. (Right) Noah, competes in the Boy's Short Distance during the event. Noah was the youngest participant. (Below) Clara, 7, rides her bike in the Girl's Short Distance group.



(Right) CYS Triathlon participants pose for a picture after the ceremony. "I thank all the volunteers who helped for the success of the event," said Georgia Salyer, CYS Sports and Fitness director, who coordinated the event.



(Above) Lance, 128, and Cameron, 126 run in their group, 11-15 years old.

Children and Youth Cross Country

The Cross Country season for ages 6-13 is from Sept. 2 - Oct. 11. Practice days are Tuesdays and Thursdays at the North 40 track. Cost is \$25, which includes T-shirt, medal, and end of season party. Enrollment is Aug. 18-Sept. 1. Call 634-6151 for details.

Children, Youth Tennis

The tennis season for ages 8-13 runs Sept. 4- Oct. 14.

Cost is \$25, which includes T-shirt, medal and end of season party. Enrollment ends Sept. 1.

Call 634-6151 for details.

6 vs. 6 Indoor Volleyball Tournament

There will be a free 6 vs. 6 Volleyball Tournament at the fitness center Sept. 19-21 at 6:30 p.m. Mandatory sign-up is Sept. 16.

Coaches' meetings are Sept. 16 at 2:30 p.m. and 5:30 p.m. at the fitness center. For details call 634-7009.

Garrison Tennis Tournament

Come to the courts Sept. 19-21 at 6:30 p.m. Mandatory sign-up deadline is Sept. 16. Divisions: Male and Female.

Participation meeting is Sept. 19, at 6 p.m. at the tennis courts. Call 634-7009 for details

Garrison Horseshoe Tournament

Join us for a free horseshoe tournament Sept. 19-21 at 6:30 p.m. at the North 40. Sign up by Sept. 16. There is a mandatory meeting Sept. 19 at 6 p.m. at the N40. Call 634-7009 for details.

Civilian Fitness program begins

Get paid to get fit. Enroll in the Civilian Fitness program. Participants are enrolled for 6 months from Oct. 1-March 31, 2009. Final assessments are mandatory.

Initial assessments are Sept. 16 11 a.m.- 1 p.m. or 4:30-5:30 p.m in the fitness center. Assessments for Livorno are Sept. 17 from 11 a.m. - 1 p.m.

For details call Betsy Walters, USAG Vicenza Health Promotion coordinator at 634-8828 or health@setaf.army.mil

Sharks invade Vicenza pools

The Vicenza Mako Sharks swim team is back and looking for members, coaches and supporters. The team has openings for a vice president, secretary and treasurer. Through September, the sharks practice Mondays, Thursdays and Fridays from 3:30-5 p.m. in the Villaggio pool. After September, the plan is to use the Palladio sports complex for practice and meets. The Outlook will print updates as information is available. For details on the team and volunteer positions, call Cindi Unger, Mako Sharks Swim Team president at 347-891-1073. (Photo by Diana Bahr, USAG Vicenza Public Affairs)

